

2024 ADVENT PROGRAM AT ST. ANTHONY'S



*When you pray, do you ever feel restless or
distracted? Do you ever feel like you don't know
what you're doing in prayer?*

We need God for everything—for all our work, relationships, family life, and spiritual life. If we truly understood how much we need God, we would make spending time with him in prayer a priority in our lives.

In this season of Advent, **Fr. Matthew Roche S.J** invites you to explore the importance of prayer and the different methods of prayer to incorporate into your life to deepen your relationship with God.

We will meet on four Monday evenings at 7:00 pm:

November 25 / December 2 /

December 9 / December 16

The meetings will be at Tabor House

Fr. Matt will guide us through a program based on
When You Pray: A Clear Path to a Deeper Relationship With God, a book and video program by Dr. Edward Sri.
The book is available from Ascension Press and from
Amazon.com

**We ask that you purchase the book and read the
introduction prior to our first meeting.**
**NOTE: Purchasing the *When You Pray* workbook
is optional.**

<https://ascensionpress.com/>

<https://www.amazon.com/When-You-Pray-Surrender-Transformation/dp/1954881940>

Please help us make arrangements for the
program by emailing us that you will be joining us in this Advent journey:

st.anthonys.taborhouse@gmail.com

-or-

Leave your name and phone number at the Parish Center Reception Desk: 516-762-0048